

Compassionate leaders display many different positive traits and, young or old, challenging ourselves to improve on those traits helps us to become the best humans we can be. This activity will get you or your group thinking about the traits needed to be a strong compassionate leader and assess the traits you already have and how to strengthen them.



TIME REQUIREMENT

approx. 1 hour at start of campaign
+ 1 hour at conclusion of campaign,
adaptable

1 WHAT IS A COMPASSIONATE LEADER MADE OF?

First, review and discuss the 9 traits of a compassionate leader. Can you think of examples of what each of them looks like in real life?

2 SELF-ASSESSMENT

Use the self-assessment rubric to rate yourself on each of the traits.

Scale:

- 1 = I don't feel that I display this trait and I would like to greatly improve
- 2 = I rarely display this trait and would like to improve
- 3 = I display this trait sometimes, but could use some improvement
- 4 = I display this trait often and can strengthen it
- 5 = I display this trait almost always, and I believe I inspire others to as well

3 DURING YOUR CAMPAIGN...

Throughout your service campaign, refer to your self-assessment and the traits of a compassionate leader. Recognize when you displays one of the traits.

4 AFTER YOUR CAMPAIGN...

- At the end of the campaign, complete the self-assessment rubric again. Compare your first chart to your second to assess your growth in each category.
- Consider the following questions:
 1. *Were there any big changes in your ratings?*
 2. *What did you learn about yourself?*
 3. *Do you think others have noticed any changes in you?*
 4. *What can you do to keep improving on these traits?*
- Celebrate how far you've come.

COMPASSIONATE LEADERSHIP SKILLS & TRAITS



Introspective

Examines their beliefs to consider how their actions affect the world around them



Acts w/ a Purpose

Makes choices that align with a commitment to have a positive impact on important issues



Thinks Critically

Explores a topic from all angles before making a well-thought-out decision



Empathetic

Connects to feelings outside their own by viewing concepts through the lens of another



Collaborates & Communicates Openly

Embraces the inspiration and participation of others by accepting new ideas and perspectives



A Team Player

Works well in a team and engages their peers by leveraging their unique, individual skill sets



Inspires Peers

Sets a positive example for the people around them



Hopeful & Optimistic

Stays positive and committed to achieving their goal



Adaptable & Resilient

Embraces challenges and overcomes setbacks

COMPASSIONATE LEADERS WHO INSPIRE

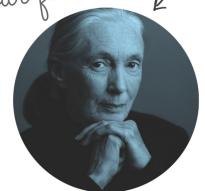


Martin Luther King, Jr.



Malala Yousafzai










our founder! →



Jane Goodall



Instructions: Rate each trait on your ability, on a scale from 1 to 5.

| | | | | | | | | | |
|---------------------|---|--|--|---|--|--|---|---|--|
| |  <p>Introspective Examines their beliefs to consider how their actions affect the world around them</p> |  <p>Acts w/ a Purpose Makes choices that align with a commitment to have a positive impact on important issues</p> |  <p>Thinks Critically Explores a topic from all angles before making a well-thought-out decision</p> |  <p>Empathetic Connects to feelings outside their own by viewing concepts through the lens of another</p> |  <p>Collaborates & Communicates Embraces the inspiration and participation of others by accepting new ideas and perspectives</p> |  <p>A Team Player Works well in a team and engages their peers by leveraging their unique, individual skill sets</p> |  <p>Inspires Peers Sets a positive example for the people around them</p> |  <p>Hopeful & Optimistic Stays positive and committed to achieving their goal</p> |  <p>Adaptable & Resilient Embraces challenges and overcomes setbacks</p> |
| Rating (1-5) | | | | | | | | | |

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NAME :

DATE :