



2

Research your
Area's recycling policy.
What can you recycle?

3

Speak up about reducing
Waste w/ people that you know

Locate or make a reusable
bag. Use this and ditch plastic!

4



5

Sit down and
map a meal-plan. Then
only buy the food you need.

6

Unsubscribe to
junk mail

Buy from used stores

1



8

Plan a
swap party w/ friends.
Trade books, clothes or toys

Stop using disposable dishware

7

