



ROOTS & SHOOTS PEACE DAY

“Each Roots & Shoots project is a step towards a future in which humans can live in peace in an environmentally sustainable way.”

~Dr. Jane Goodall

www.rootsandshoots.org/peaceday

www.facebook.com/RootsandShootsPeaceDay



Cook In Peace Picnic

The joy of sharing a meal is one of the many things that unites us as humans. Plan an intercultural picnic for your class/group to help raise awareness about the cultures represented in your community.

Tips:

- Invite your group members/students to bring one of their favourite foods to your picnic. Include local cultures even if they aren't represented (i.e. include Indigenous foods even if you don't have any Indigenous students)
- Ensure your picnic takes place in nature!
- Ask your members to share any stories they know about the food (it's origins, family history, cultural significance, ingredients).

Share photos of your picnic on the Jane Goodall's Roots & Shoots Peace Day Facebook Page: www.facebook.com/RootsandShootsPeaceDay or on your favourite social media platform using #RootsandShoots #PeaceDay.

*Roots & Shoots would like to create a **book of vegetarian recipes** from around the world. If you have a recipe you'd like to share, please contact Janey in Australia (youth@janegoodall.org.au) or Nixon in Colombia (franklinsnixon@gmail.com).*